

Lands' End Size Chart for GEM Shirts (June 2019)

(Men)

Size Chart - Men's Tops

Inches

REGULAR SIZES

Size	XS	S	M	L	XL	XXL
Neck	13½	14 14 ½	15 15 ½ 15 ½	16 16 16 ½ 16 ½	17 17 ½	18 18 ½
Chest	32	34 36	38 39 40	41 42 43 44	46 48	50 52

BIG SIZES

Size	2XL	3XL	4XL	5XL	6XL
Neck	18 18 ½	19 19 ½	20 20 ½	21 21 ½	22 22 ½
Chest	50 52	54 56	58 60	62 64	66 68

REGULAR, TALL, or BIG

Regular - Regular describes a well-proportioned body 5'8" - 6'0" tall, with hips and chest of equal girth.

Tall - Tall describes a body 6'1" - 6'3" tall, with a long torso or sleeve length. Body length of shirts is 2" longer than Regular. Coat sleeve and body length is 1-1/2" longer.

Big - Big describes a body of 5'8" - 6'0" with a less athletic profile. Pockets and other details increase in size for a pleasing proportion.

Sizing Chart for **(Women)** next page

Lands' End Size Chart for GEM Shirts (June 2019)

(Women)

Size Chart - Women's Tops

Inches | [Centimeters](#)

SIZES 00 - 18

Size	XXXS 000	XXS 00	XXS 0	XS 2	XS 4	S 6	S 8	M 10	M 12	L 14	L 16	XL 18	XL 20
Bust	30	31	32	33	34	35	36	37	38 ¹ / ₂	40	42	44	46
Regular Arm Length	28 ⁷ / ₈	29 ¹ / ₄	29 ¹ / ₂	29 ⁷ / ₈	30 ¹ / ₈	30 ¹ / ₂	30 ³ / ₄	31	31 ³ / ₈	31 ⁵ / ₈	32	32 ¹ / ₄	32 ⁵ / ₈

PLUS SIZES

Size	1X 16W	1X 18W	2X 20W	2X 22W	3X 24W	3X 26W	4X 28W	4X 30W	5X 32W	5X 34W
Bust	44	46	48	50	52	54	56	58	60	62
Regular Arm Length	31 ³ / ₄	32 ¹ / ₈	32 ¹ / ₂	32 ⁷ / ₈	33 ¹ / ₈	33 ³ / ₈	33 ¹ / ₂	33 ⁵ / ₈	33 ³ / ₄	33 ⁷ / ₈

Regular or Plus

Regular - 5'4" - 5'7" tall, with hips slightly larger than bust.

16W-34W - 5'4" - 5'7" tall, proportioned to flatter full-figured women. Compared to our size 16, size 16W is 2" larger in the bust, 2 1/2" larger in the waist, and 1 1/2" larger in the hip.